



Penile swab collection – self collection

Please follow these instructions carefully to ensure your test results are accurate and reliable.

Please note: If you do not want to collect your own swab, there are specific collection centres that will perform this test for you. Please contact us on 9287 7700 for advice on which collection centre to attend.

1. Obtain a swab from your doctor or nearest Melbourne Pathology collection centre and label the swab tube or tubes with your full name, date of birth and date and time of collection.
2. Do not pass urine for 1 hour prior to sampling.
3. Open the orange swab or swabs. Do not touch the cotton end with your fingers.
4. Retract the foreskin (if you have one).

5. Wipe away pus or discharge (if you have any) and discard.

6. Insert the cotton tip 1cm into the urethra. Gently rotate the swab 3 times allowing the swab to remain in the urethra for about 2 seconds.



7. Withdraw the swab.
8. Remove the cap from the tube.
9. Place the swab into the tube, ensuring that the cap fits firmly. Take a second swab using the same procedure, if instructed by our staff.
10. Place into the specimen bag provided and deliver to your nearest Melbourne Pathology collection centre on the same day of collection and hand to a staff member.