



Urine collection for Sexually Transmitted Infections (STIs)

(This includes Chlamydia trachomatis, Neisseria gonorrhoeae and Mycoplasma genitalium)

Please follow these instructions carefully to ensure that your test results are accurate and reliable.

1. Obtain a sterile urine jar from your doctor or nearest Melbourne Pathology collection centre and label it with your full name, date of birth and date and time of collection.
2. Ensure you have not urinated for at least 1 hour prior to collection.
3. **Collect the first portion of the urine you pass** and fill the container until it is at least one-third full.
4. Refrigerate immediately.
5. Deliver your sample to your nearest Melbourne Pathology collection centre on the same day that you collect it.

Note: If urine is also requested for Micro and Culture, collect a separate mid-stream urine sample as a first portion is not suitable.