



## Creatinine clearance – 24 hour urine

This test is used to measure kidney function and requires a blood test to be taken within 48 hours of the urine being collected. It is preferable to have the blood test when you deliver the completed urine specimen.

1. Collect a 24 hour urine bottle from your nearest Melbourne Pathology collection centre.
2. Collecting the specimen:
  - a. Decide a time to start the test (eg. 8am)
  - b. Label the container with your full name, date of birth and the date and time you start the collection.
  - c. Empty your bladder at this time and **DISCARD THIS URINE.**
  - d. From now on **ALL URINE PASSED** in the next 24 hours should be collected in a container (such as a clean ice cream container) and **MUST** be transferred to

the urine bottle provided. Keep the bottle in a cool place (do not refrigerate) in an upright position with the lid firmly secured at all times.

- e. 24 hours after the start time (eg. 8am the next morning) empty your bladder and place this urine into the bottle. Your specimen is now complete.
3. Write the date and time that you completed the sample on the label.
4. Deliver the specimen to your nearest Melbourne Pathology collection centre within 24 hours of the end of collection time. Until then, store at room temperature. In summer you should use the coolest room of your house (eg. laundry).

*Should you make an error during the test, obtain a fresh bottle from your Melbourne Pathology collection centre and start again.*