

## Urine Bilharzia (Schistosomes) collection

Please follow these instructions carefully to ensure that your test results are accurate and reliable.

The time of collection for this test is **CRITICAL**. Note any overseas travel.

1. Obtain the collection jar from your nearest Melbourne Pathology collection centre and label with your full name, date of birth and date and time of collection.

2. Empty your bladder at midday and discard the urine.

3. Approximately 2-3 hours later, empty your bladder again. The last portion of the urine (approx. 20-30mLs) should be collected into the sterile urine pot.

4. Deliver to your nearest Melbourne Pathology collection centre on the same day of collection.