



Important information for Warfarin Care patients about to travel

You have recently advised us of your intention to travel.

We recommend that you take the following with you:

- A copy of your warfarin dose history
- A referral to cover any testing that you may require.

Both of these can be provided to you by our Warfarin Care Staff, if given sufficient notice and can be either sent via fax, regular mail to your address or emailed if you provide your email details in advance.

If you are travelling and will NOT attend a Melbourne Pathology collection centre Warfarin Care Administration can still provide you with your dose instructions, however you will be charged a non-refundable administration fee of \$25 per test.

In this circumstance we ask that you:

1. On the day your test is performed, please email or phone Warfarin Care to let us know when and where the test was taken.
2. When you contact Warfarin Care you will be asked questions similar as you would at a regular INR test regarding your dose, general health and medications.
3. On the day of your test ask the laboratory or hospital to fax a copy of the test results to Warfarin Care. If you are overseas it may be better to email a copy of the results to yourself to ensure that they are received. Verbal results and results not on the pathology company's letterhead will not be accepted.
4. If you have not received your dose instruction the day after your test, contact Warfarin Care.

[More information overleaf](#)



Important information for Warfarin Care patients about to travel

If you are travelling and choose not to be managed by Melbourne Pathology Warfarin Care, you will need to make alternative arrangements with your own doctor or a doctor at your destination.

It is still important that you notify us of the duration of your absence to prevent us sending late letters or an automatic discharge from the program due to unexplained non-attendance.

Even if Melbourne Pathology are not providing your dose for you whilst you travel, it is still recommended that you carry your dose history letter as a reference for any medical professionals you may consult while travelling.

Please refer to the Melbourne Pathology Warfarin Care Patient Guide as it contains valuable information for travelling patients as well as contact details. You can continue to record your dose instructions in the back of this guide, or in your record booklet or mini pocket record.

Have a safe trip.
Melbourne Pathology