



MELBOURNE PATHOLOGY

Quality is in our DNA

Cardiology Consultants

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Professor Andrew Tonkin OAM, MBBS, MD, FRACP, FCSANZ	9287 7975

Head Office & Central Laboratory

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Switchboard	9287 7700
Facsimile	9419 1486
Results	9287 7777
Couriers	9287 7788
Helpdesk	9287 7799
Accounts Department	9287 7888
www.mps.com.au	

Regional Laboratories

Ballarat 63 Victoria Street 3350	5331 6429
Bendigo First Floor, 1 Chum Street 3550	5444 2382
Box Hill Epworth Eastern Medical Centre 1 Arnold Street 3128	9899 3830
Frankston Frankston Private Hospital 24–28 Frankston-Flinders Rd 3199	9783 5582
Heidelberg Suite 11, 210 Burgundy Street 3084	9459 7404
Mornington The Bays Hospital, Vale Street 3931	5973 5811
Mulgrave The Valley Private Hospital Suite 4, 529 Police Road 3170	9790 1388
Richmond Epworth Centre Suite 2.2, 32 Erin Street 3121	9429 2222



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Cardiology Services



Cardiology Services

Providing a quality, comprehensive ECG, Holter Monitor and Ambulatory Blood Pressure Monitoring (ABPM) Service

What does Melbourne Pathology provide?

Specialist Cardiologists report on all ECGs and Holter monitors

Cardiologist on call seven days a week

A team of experienced cardiac technicians

Urgent ECG service available

Urgent Holter monitor service available

ECGs available at all Melbourne Pathology collection centres

A full range of pathology testing for cardiology patients

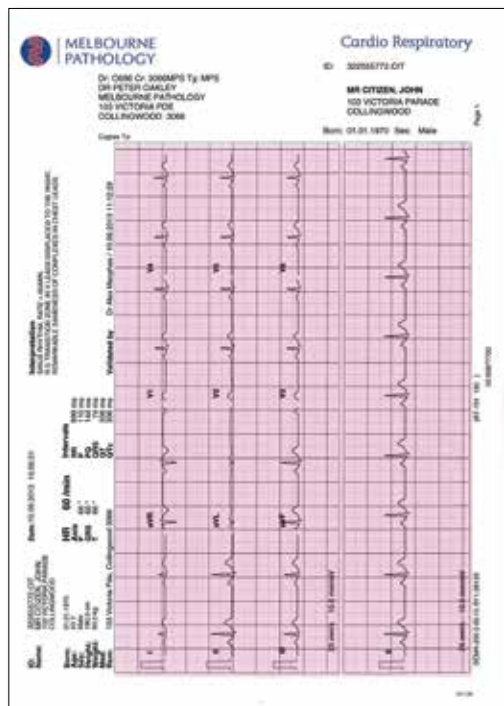
Electrocardiogram (ECG) Service

No appointment necessary

- All Melbourne Pathology collection centres are equipped with ECG machines
- No appointment is required for an ECG at any of our collection centres
- Patients will receive an account for this test (pensioners and healthcare card holders excluded).

As a referring doctor, you may request us to:

- Perform and report the ECG (full ECG service)
- Perform the ECG and return the trace ("trace only ECG")
- Report on an ECG already performed by the doctor ("report only ECG")



ECG report

Download your ECG reports electronically

From 1 March 2015, ECG reports will be available in electronic format, as a downloadable PDF. Clinics with Best Practice or Medical Director 2 and 3 software, with access to Fetch 3, will now have their ECG reports available anytime at the click of a button.

Simply click on 'ECG trace and report' for each patient and the PDF will appear on your screen. You can then print these yourself, or file them away.

Paper copies will cease in time, but initially will run at the same time as electronic copies.

Electronic ECG reports are only available for ECGs taken at our Melbourne Pathology collection centres.

If you don't wish to receive your ECG reports electronically, you can choose to opt out by contacting your Business Development Manager on 9287 7700.

We are pleased to offer this advanced reporting option and welcome your feedback.

Holter Monitor Service

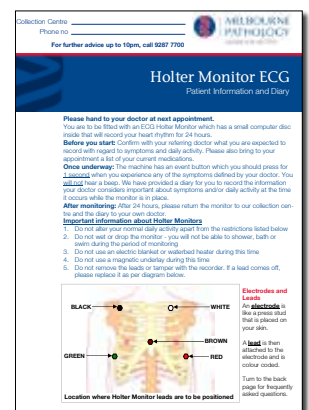
Appointment required

Holter monitors for elective investigations are provided by appointment through our collection centres.

- An urgent Holter monitor service is available on request
- The Holter result is issued as a complete, typed report. The recording is first analysed by a cardiac technician, who edits the data to produce a comprehensive report including a 24 hour disclosure. The result is then reviewed by our Cardiologist who issues the final report.
- Patients will receive an account for this test (pensioners and healthcare card holders excluded)
- For a list of collection centres that perform Holter monitors, visit our website www.mps.com.au.

Diary for patients

All patients receive a Holter monitor diary when fitted for their Holter monitor where they can record their daily activity. The patient can then take the diary back to their referring doctor to discuss their results.



Holter monitor diary



Ambulatory Blood Pressure (ABP) service

Melbourne Pathology's ABP monitor is a lightweight computer which measures and records blood pressure and heart rate, at regular intervals, as patients go about their routine daily and nightly activities. Patients record activities and medication in a diary and key times into the monitor when they go to bed and wake up in the morning. This produces a record of all activities, including sleep, providing an excellent history of blood pressure readings.

- Readings are automatically taken every half hour during the day and every hour during the night
- A day/night button allows for statistically accurate evaluation of day/night phases as well as an exact documentation of the early morning blood pressure rise
- After 24 hours of monitoring, patients take the machine back to the collection centre, and their completed diary back to the referring doctor at their next visit.

Appointment required

- Ambulatory Blood Pressure Monitoring is available at selected pathology collection centres. We have 15 collection centres with blood pressure monitors. Contact us on 9287 7700 for an appointment.

High blood pressure

Ambulatory Blood Pressure (ABP) measurements give a better prediction of clinical outcome than clinic or casual blood pressure measurements. ABP monitoring (ABPM) is a specialised technique; validated monitors and appropriate quality control measures should always be used.

ABPM can be considered for one or more of the following reasons:

- For borderline and difficult to control high blood pressure
- For patients with fainting spells
- To exclude "white coat" hypertension (which requires continued surveillance; patients who display this phenomenon may, in time, develop established hypertension)
- To aid in the assessment of apparent drug-resistant hypertension, symptomatic hypotension or hypertension in the elderly
- To assess adequacy of control in patients at high risk of cardiovascular disease
- For patients with end-organ damage associated with hypertension (which is more closely related to ambulatory blood pressure)

Privately billed fee

At present the ABPM service is not Medicare rebatable and patients will be billed privately. The current fee is \$112 and patients are required to sign a Payment Authorisation Form prior to having the monitor fitted.

The report

A comprehensive colour report will be issued including the following information:

- Summary report
- Blood pressure profile
- Bar chart of blood pressure readings
- Blood pressure measurement table
- Blood pressure values above limits – pie graph
- Change of blood pressure over 24 hrs – graphical display
- Histogram of systolic, diastolic and heart rate percentage above normal limits
- Correlation total graph



24 hour ABPM blood pressure values – pie graph (example only)