



Urine collection for Mycobacterial Culture (TB)

Please follow these instructions carefully to ensure your test results are accurate and reliable.

Three early morning urines are required for analysis. To get the highest concentration of bacilli, the entire early morning specimen must be collected (a full container).

1. Obtain 3 large screw top containers from your nearest Melbourne Pathology collection centre or doctor.
2. Label them with your full name, date of birth and date and time of collection. Each jar should also be clearly labelled as Specimen 1, 2 and 3.

3. Wash hands. Remove the lid from the jar and place upside down and within easy reach (eg. on top of the toilet cistern). Take care not to touch the inside of the jar or lid.
4. Collect a full container (or until the bladder is empty) from the first morning urine.
5. Make sure the lid is secured firmly.
6. Repeat on the second and third day.

Delivery to Melbourne Pathology on the day of collection is preferred, however specimens may be refrigerated (at 4 - 8°C) until all 3 specimens have been collected.